



"Remember also your Creator in the days of your youth, before evil days come and the years draw near of which you will say, 'I have no pleasure in them'; before the sun and the light and the moon and the stars are darkened and the clouds return after the rain, in the day when the keepers of the house tremble, and the strong men are bent, and the grinders cease because they are few, and those who look through the windows are dimmed, and the doors on the street are shut - when the sound of the grinding is low, and the one rises up at the sound of a bird, and all the daughters of song are brought low

...they are afraid also of what is high, and terrors are in the way; and the almond tree blossoms, the grasshopper drags itself along, and desire fails, because man is going to his eternal home, and the mourners go about the streets – before the silver cord is snapped, or the golden bowl is broken, or the pitcher is shattered at the fountain, or the wheel broken at the cistern, and the dust returns to the earth as it was, and the spirit returns to God who gave it. Vanity of vanities, says the Preacher; all is vanity."

Ecclesiastes 12:1-8

"light darkened" – mental vitality

"clouds return after rain" – return to being cared for

"keepers of house tremble" – shaky arms, loss of strength

"strong men are bent" – shorten & hunched

"grinders cease" – teeth

"rise up with sound of a bird" – hard to sleep

"daughters of song are brought low" – hearing loss

"terrors in their way" – fears increase, world moves faster

"almond tree blossoms" – white hair

"grasshopper drags" – difficulty moving

"Light is sweet, and it is pleasant for the eyes to see the sun. So if a person lives many years, let him rejoice in them all; but let him remember that the days of darkness will be many. All that comes is vanity. Rejoice, O young man, in your youth, and let your heart cheer you in the days of your youth. Walk in the ways of your heart and the sight of your eyes. Remove vexation from your heart, and put away pain from your body, for youth and the dawn of life are vanity. Remember also your Creator in the days of your youth..."

Ecclesiastes 11:7-12:1

"The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to Him."

Psalm 28:7

